



## Experiences

### Traditional Cooking Workshops

One of the main attractions in Portugal for our visitors is our food.

Our Mediterranean cooking is one of a kind, **rich in different ingredients** and diverse **with distinct dishes from region to region.**

In this experience we will have a workshop about Portuguese food to **learn how to prepare a Portuguese dish** and make it.

This is a delicious way to meet Portugal.

This experience may be enjoyed all year round in Lisbon, Oporto, Alentejo and Ribatejo regions, with different numbers of participants.

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